

CDCD

Community Development
Council Durham



Newcomer Mental Health Services

Provided by
Community Development Council Durham (CDCD)

We can provide immediate mental health support and guidance in a safe and confidential environment including ages 13+

We can comfortably have a conversation about mental health related issues and offer short-term counselling

We can connect you with other mental health and wellness services specific to your needs



For more information or to book an appointment with a Mental Health Settlement Worker, please call:
905-686-2661 Ext. 200 or 647-925-8929

We offer services and interpretation in many different languages!